



**AUTHORIZATION TO OBTAIN / RELEASE CONFIDENTIAL INFORMATION**

Client name \_\_\_\_\_ Date of birth \_\_\_\_\_

I, \_\_\_\_\_ authorize  
(Client or Parent/Guardian if client under age 18)

- Anna M. Lutz, MPH, RD, LDN, CEDRD-S
- Shauna M. Alexander, RD, LDN, CEDRD
- Billie L. Karel, MPH, RD, LDN
- Lauren Buboltz, MPH, RD, LDN, CEDRD
- Antonia Hartley, MPH, RD, LDN
- Jocelyn Dantini, MS, RD, LDN

- to:
- discuss treatment progress;
  - obtain medical records and/or progress notes; and/or
  - release medical records and/or progress notes

for myself/my child with the following individual(s):

Physician \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Therapist \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Other \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

I understand that medical records and treatment are confidential and will not be disclosed without my written consent. I also understand that I may revoke this consent at any time, except to the extent that action has been taken in reliance therein.

Signature \_\_\_\_\_ Date \_\_\_\_\_

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